

Our Ref: DAE/SH/September 2016

Dear Parents/Guardians,

Re: Sex and Relationship Education Lessons

Over the course of this year your child will be studying a topic which will be part of the statutory Sex and Relationships Education. This will be delivered through PSHE (Personal, Social and Health Education). Depending on which group your child is in they may be studying it in the Autumn, Spring or Summer term.

The topic covered in your child's year group is as follows:

Year 7 : Growing up and Adolescence

This will include the following themes

- Growing up – changing emotionally from children into adults.
- Physical changes to be expected and variations when puberty occurs.
- Reasons for physical changes and emotional changes.
- Coping with change and responsibilities of being 'Grown-Up'.

Growing up is presented as a normal process which need not cause anxiety as long as we understand what is happening to us.

If you have any questions or concerns, or wish to withdraw your children from these lessons please do not hesitate to get in touch with us so that we can discuss it. We would also encourage you to continue these conversations at home with your child and will be advising the children to do the same.

Yours sincerely,

Daniel Eva
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