



Lessons from the Best

Last Wednesday afternoon we welcomed England Hockey Coach John Bell and International Australian Hockey player Hugh Wickert to our astro turf to deliver coaching sessions to our students as part of the Learning Point programme.



What's on next week...

- * Join us for the Truro Lights Lantern Parade next Wednesday 22nd from 7pm onwards.
- * Next Friday 24th we have a non-school uniform day in aid of Children's Hospice SW. Please be kind enough to bring a £1 donation for this worthy cause.

SWCCX SOUTH WEST CYCLO-CROSS

Sunday 5th November saw 191 cycling enthusiasts and their families, from across the south west, descend on Penair School for round 7 of the South West cyclo-cross series, a British Cycling event. For the uninitiated, cyclo-cross is a cycling phenomenon that is growing in popularity across the UK. It is the combination of copious amounts of mud, a racing style bike with off road tyres and technical courses, which are completely traffic free, which appeal to children and adults alike. It is a good introduction to bike racing, without the fears of serious injury which can occur during road racing.

Penair Cadets were outstanding in their contribution to the smooth running of the event. They provided tea and cake for the competitors and acted as marshals on the 2km circuit. They demonstrated the skills participation in the cadets encourage; teamwork, problem solving, resilience and organisation. Their conduct on the race radios was second to none and enabled problems to be quickly and safely resolved. They really could have taught the adults marshals from other events a thing or two. The morning was set aside for the younger riders and the novices. Their circuit took in the perimeter of the bottom rugby field. They raced for 15 to 30 minutes, depending on age. One rider from Somerset completed the course on a balance bike with their father pushing and running the entire circuit. This is serious racing and there were around 100 children taking part in the various races. Every competitor, regardless of age is there to win.

The main race was an hour long. 91 seniors, juniors, veterans and grand veterans competed on what was now a very muddy and technical course. The 2km circuit took the fastest riders just over 6 minutes to complete, the winners completing 9 laps in total. First over the line was national winner Steven Davies who gave all of us a crash course in how it should be done.

All the competitors competing were very complimentary about the event, the organisation and our wonderful cadet marshals; "best event yet" was one comment, another "loved the combination of fast flat sections, wooded technical bits and the obligatory muddy hill."

This is a community event and a wonderful way to spend a Sunday, whether as a competitor, helper or spectator. Our thanks go to all those who supported us either as a marshal, collecting parent or cake baker. Also to Clive Mitchell cycles, Prima Bakeries and St. Agnes Spar who also supported us.

The intention is to run the event again next year, so why not give it a go? Round 8 is taking place this weekend at Falmouth. For further information about this event, results and pictures, as well and how to get started, you can check out the South West Cyclo-Cross website www.swcx.org or contact Mrs T Davies at the school.



Media Students Take to the Big Screen



On Wednesday morning, a group of 25 Year 10 media studies students made a trip to Truro Plaza cinema to see Al Gore's sequel to 'An Inconvenient Truth'. The documentary details Al Gore's efforts to raise awareness and combat climate change- an issue that is prevalent in the world today. Our students were inspired by the voices who speak on behalf of our planet, and learned about the impact global warming is having on countries all over the world. The documentary itself was a good example of superb cinematography which students could also use to their advantage.

Goonhilly Earth Station Art Visit

Yesterday Year 8 Art students visited Goonhilly Earth Station to meet artist in residence Paula Bolton as part of the Truro schools combined project. Students from Truro High School For Girls, Truro School Community, Pencalenick School and The Roseland Academy had a guided tour around the site, and were even able to experience the Control Tower, while developing their photography skills and recreating their stills in the afternoon on paper using only graphite pencils and masking tape.

The students were asked to capture the essence of their

surroundings, reflecting on the juxtaposition of nature and man-made- the enormous dishes against the delicate flora and greenery beneath it. Before they were asked to start on their own interpretations, the group were given inspiration; looking at Paula's prints of the fantastic space communications facility. Scientist Paul Bolton and the Goonhilly Chief Engineer also joined them to explain the functions of the different dishes. The students will be making edits to their photographs next week and perfecting their art work ready for screen printing in December, but here are a few from today until then!



Callum to appear on BBC Spotlight for Children in Need!



We would like to congratulate student Callum Curgenvin in Year 11 for his fantastic fundraising achievements for Active8, a charity for young people with disabilities in Cornwall. Callum has cerebral palsy, and through Active8 he has had the opportunity to meet other young people with disabilities, make new friends and take part in new activities. Last Saturday 11th November Callum and his team of fundraisers completed a 5K run for Glow-in-the-Park to raise money for this special charity, raising just over £200.

Callum commented, "we get a lot of opportunities to do something fun with Active8. We've played wheelchair football with a top team, practiced

wood turning, been banana boating and next weekend we are going to Plymouth for some Christmas shopping! I love spending the weekends with Active8 because it gives me a great sense of independence and I love spending time with my friends. I can't thank them enough for everything they have done for me which is why it was such a great honour to fundraise for them and give something back."

You'll have the chance to see Callum on BBC Spotlight for Children in Need tonight! Callum has been invited to be interviewed about Active8, which is funded by Children in Need. Don't forget to tune in at 6:30pm!



Students Sing at The Royal Albert Hall



We would like to say a big well done to Isobel Sherwood, Abi Holmes, Micheal Rogers, Louis Stephens, Sam Jadav, Pheobe Mann and Amy Brigden who performed Messiah with the County Hall Choir at the Royal Albert Hall last weekend. The award-winning 'Scratch Youth Messiah' showcases 1,500 young singers from youth choirs all over the Country who come together to sing Handel's Messiah with professional orchestra and soloists.

Great Sports

On Saturday 11th November four girls represented Penair School at the Regional cross country championships held at Leweston School in Sherborne following a successful first round win at Stover in September. The weather on the day was dreadful and the course at Leweston was very slippery and muddy! The competition was very strong across all categories, with only the top two schools from each group qualifying for the national finals. Results were based on a cumulative team score of the positions of each runner. All the girls gave a great performance on the day and came in 10th position. Despite their disappointment not to have made the national finals the girls all kept smiles on their faces and had a fantastic attitude throughout the whole day. Well done girls.



Girls team:
Anna Skuse
Gwendolen Crees
Amal Toumia
Lucy Perry

Hockey Update



On Thursday 2nd November the U14 hockey team competed in their county hockey tournament.

The girls played extremely well all day and showed excellent sportsmanship. The results were:

- 0-0 draw with Truro school
- 1-0 win against Helston
- 2-0 win against Mounts Bay
- 0-0 draw with Penrice
- 0-1 loss against Richard Lander

With these results the team narrowly missed out on progressing to the semi finals. All players learnt a lot from the tournament and look forward to coming back strong next year.

Team: Chaire Lister, Ayana Mills, Kayna Bland, Olivia May, Jasmine Williams, Carys Heffer, Anna Skuse, Amal Toumia, Cara Lean, Flora Kerrison - Stock, Libby Holmes, Alderney Tudor, Siri Wells.

Penair's Player of the Tournament : Ayana Mills.

Wednesday's Netball fixture against Pool School.

Year 7 18-1 to Penair

On Wednesday 1st November after school, Year 7 girls netball team played against Pool Academy, playing very well. They won with a score of 18-1 to them, however Pool had great effort too. The team was Amber, Pip, Hannah, Evie, Millie, Lilly, Sennen, and Freya.

They are relieved with their effort, brilliant teamwork, and they will continue to work hard. Thank you!

Congratulations to Evie as she was voted player of the team our team by Pool School! It was played in quarters for 40 minutes but wasn't too hard as they have had lots of practise.

By Amber Mills and Pip Lightfoot- Year 7

"All Different All Equal" was the theme for this year's National Anti-Bullying Week (13-17 November).

Over the last week students have learned that "Ignorance is never an excuse to bully others" via tutor group activities and year assemblies.

We will be launching an exciting, year long initiative run by the Student Anti-Bullying Committee to promote anti-bullying work throughout the year via assemblies, annual newsletter and student survey.



LOVE DANCE? We want to hear from you! Come and join our 12-week youth dance project & take your dancing to the next level.



APFPS 200 CLUB

There are 200 squares at £5 each.

We have 67 squares left to sell before the end of term.

Buying a square enters you into three cash prize draws, one at the end of each term.

50% of the money raised is used for the cash prizes and 50% goes towards funding attendance and end of year pupil prizes.

Thank you very much if you have already supported the 200 club.

If you would like to buy a square/squares please put £5 per square (or a cheque made payable to APFPS) in an envelope marked '200 club' and pass this to Ms Bunt in the finance office.

Please help us sell all the squares in the next couple of weeks.

Many thanks
From Helen Mitchell
(Treasurer of the APFPS)

Penair Community and road safety

In a recent newsletter I asked for the support of parents in speaking with their children about road safety as it was evident that the behaviour of a small minority of Penair School pupils on their way to/from school on a daily basis was presenting a hazard to themselves and to other road users. I have been contacted this week by two members of the public at different times to inform me of two separate incidents where Penair School pupils have intentionally put themselves and others in danger by walking onto the busy A390 Tregolls Road. The result of this has been that drivers have had to take evasive action, nearly causing damage to their own vehicles. I would urge you to speak to your child if they make their way to/from school on foot to check that they are doing so in a safe and responsible manner which doesn't put them or others in any danger.

Thank you for your support.

Mr Sharpe

Please be aware: there has been a case of head lice reported in Year 10. Please check your child and take necessary action.



IMPORTANT INFORMATION ABOUT 2017'S EVENT

DISABLED VIEWING AREA

There will be designated disabled viewing areas on Princes St (which is ticketed, spaces limited) and on River Street outside Royal Cornwall Museum. More information about these is available on the City of Lights website. Visit www.cityoflights.org.uk and click 'How to Enjoy' to book your place.

Selected alleyways and opes within Truro city centre will be closed during the event. This includes Roberts Ope (between Lower Lemon Street and Boscawen Street) and Cathedral Lane, in the direction from St Mary's Street onto Boscawen Street (exit from Boscawen Street via Cathedral Lane will be permitted).

The north side of St Nicholas Street opposite NatWest will also be closed to spectators, to allow the parade to safely access this narrow part of Truro.

Due to the popularity of the event, some areas of the city centre get very congested. We ask for your cooperation if the stewards ask you to move to a less congested area.

CITY OF LIGHTS 2017

YOUR CITY OF LIGHTS

WEDNESDAY 22ND NOVEMBER 2017

Parade starts at 7pm from Truro High School for Girls

City of Lights cannot continue without public support. Please help us keep this fantastic event going by making a donation. To donate TEXT 'COLT17 £2' to 70070, or donate online via www.cityoflights.org.uk or please give generously to our bucket collectors on the night.

DONATE £2
TEXT 'COLT17 £2' TO 70070

#YOURCOL
www.cityoflights.org.uk

CITY OF LIGHTS

Apprenticeship Information Events

Saturday 25 November - 11 am
Zennor building at Penwith College
(part of Penwith College Open Day 10 am – 3 pm)

Thursday 7 December - 6 pm
Mylor building at Truro College
(part of Truro College Open Evening 5 – 8 pm)

To book a place to attend one of our
Apprenticeship Information Events please
email: apprenticeships@truro-penwith.ac.uk

